

Lobster Pod Sit-down Food Menu



How to order

1

Please see a staff member to be seated

2

Order your food and drink from your waiting person/phone

3

Enjoy the view while your meal is being prepared

4

Outside tables: please clear away into disposal areas to discourage seagulls

5

Pay at the bar when you have finished

Soups and Chowders

	Takeaway or China Mug	Bowl, Bread & Butter
Fish Soup Chowder Prawns, Mixed Veg, White Fish, Chives	£6.50	£7.50
Veggie Soup 	£4.25	£5.50
Extra bread and butter		£1.50

Gluten-free bread is available | in bread only

Hot Conebakes (fillings all include veg sticks)

Coleslaw 	£4.00
Houmous 	£4.50
Artichoke Salad 	£4.50
Cheese and Topping (choose one topping from display exc. crab & prawns) ...	£5.00
Fish Paté 	£6.00
Prawns with a cocktail sauce 	£7.00
Mixed Crab Meat No mayonnaise 	£10.00

in veg sticks only (can be omitted)

Light Bites

You can choose multiple items and combine them for sharing

Potted Crab with bread & veg sticks 	£10.50
50% white crab meat, 50% brown crab meat	
Fish Paté with bread & veg sticks 	£6.00
Mixture of fish in paté made from our fishmonger selection	
Mixed Olives 	£4.00
Houmous with bread & veg sticks 	£4.00
Chickpeas, roasted carrot and garlic, lemon juice, coriander, olive oil, tahini	
Artichoke Salad with bread & veg sticks 	£4.50
Red onion, olives, sun-dried tomatoes, tomatoes, capers, artichokes	
Portion of chips 	£3.50
Portion of cheesy chips 	£4.50
Portion of peas 	£1.50

Gluten-free bread is available | in bread only | in veg sticks only (can be omitted)

Sharing Plates

With Chunky Bread with Veg Sticks

Seafood Plate for 2 people to share 	£32.50
Two Fish of the Day, Crab, Prawns, Fish Paté, Olives, Artichoke Salad, Mixed Peppers, Tomatoes, Lettuce	
Lobster Plate (whole) for 2 people to share 	varies
Whole Lobster, Crab, Prawns, Fish Paté, Olives, Artichoke Salad, Mixed Peppers, Tomatoes, Lettuce (Base price £20.00 plus the cost of the lobster from the daily menu per 100g)	
Veggie Plate for 2 people to share 	£16.00
Two Veg Tarts, Houmous, Artichoke Salad, Feta, Olives, Mixed Peppers, Coleslaw, Tomatoes, Sweetcorn, Lettuce	

Gluten-free bread is available | in bread only | in veg sticks only (can be omitted)

Fish of the Day/Lobster (all served with Chips and either Peas or Salad)

A choice of fish on the bone steamed with butter and served with fish sauce. Please see the fish board next to the bar or ask a staff member. Lobsters are waiting in the lobster tank; please see a member of staff if you wish to pick one yourself. They are served steamed with butter or garlic butter. Lobsters are charged by weight.
(It takes more time to prepare the Fish of the Day/Lobster in busy times so please be patient.)

Pizza 9-inch

Hand stretched base made from Italian certified flours. Naturally leavened for up to 48 hours & baked in a proper stone pizza oven. With whole wheat, kamut, spelt, hemp, soya & rice flours.

Also available Gluten free crusts 10" at an extra on price of £1.50.

Classic Margarita A rich tomato base with mozzarella, cheddar, basil and slices of tomatoes 	£7.40
Artichoke Pizza A rich tomato base with mozzarella, cheddar, artichoke salad (red onion, olives, sun-dried tomatoes, tomatoes, capers, artichokes) 	£8.50
Pepperoni Pizza A rich tomato base with mozzarella, cheddar, pepperoni and chilli flakes 	£9.50
Mixed Meat Pizza A rich tomato base with mozzarella, cheddar, ham, chicken, tomatoes and sweet corn 	£11.00
Fish of the Day Pizza A rich tomato base with mozzarella, cheddar, and a mixture of fish and prawns 	£11.00
Crab Pizza A rich tomato-base with mozzarella and cheddar, with white and brown crab meat 	£14.50

Desserts * Made in the Cottage Hotel kitchen

* Flapjacks 	£2.50
* Chocolate Brownies 	£3.00
Gluten-free individual items available (see bar) 	£4.50
Yarde Farm Ice Cream in 120ml tub 	£2.50
Vanilla, Honeycomb Delight, Rum & Raisin, Chunkie Chocolate	
Lemon Sorbet in 120ml tub	£2.75

Other cakes are available – see the notice on the Bar.
Gluten-free items are *not* made in the Hotel kitchen and are individually wrapped.

Children's Menu

Pizza (7" Artisan Crust Margarita) 	£6.00
Jumbo Cod Fish Finger with Chips and Peas 	£6.00
Chicken Fillet Crunchies with Chips and Peas 	£6.00

Our Suppliers

Olympia Foods, Plymouth	Excel Shellfish, Kingsbridge
Rex Down Fish, Plymouth	Salcombe Brewery, Kingsbridge
Longmans Dairy, Yeovil	Heron Valley Cider, Loddiswell
The Bake House, Kingsbridge	Tolchards, Newton Abbot
Alan's Apple, Kingsbridge	Local fishermen (Dave, Mark, Paul & David)

Allergy and Lifestyle Icons

Celery	Eggs	Milk	Peanuts	Soya	Suitable for vegetarians
Cereals	Fish	Molluscs	Sesame	Tree Nuts	Suitable for vegans
Crustaceans	Lupin	Mustard	SO ₂	Gluten free	

We are open from 12 noon to 10.00 pm. Last orders for food is 9.00 pm and the bar is 9.45 pm.

We do takeaways (see other menu). For exterior tables, we ask you to clear all your plates and glasses into the cupboard by the steps (to discourage seagulls from annoying our guests). Gratuities are not included.

How did we do? Tell us how we did today by filling in a comment card and leaving it in the box.