



# Lobster Pod Bistro

# FOOD MENU

SEAFOOD • PIZZA • SIDES • DRINKS



## STARTERS & LIGHT MEALS

**HOMEMADE HOUMOUS** | £4.50   
chickpeas, roasted carrot & garlic, lemon juice, coriander, olive oil, tahini, cumin

**ARTICHOKE SALAD** | £5.00   
onions, olives, sun-dried tomatoes, tomatoes, capers, artichokes, rosemary, herb oil

**FISH PÂTÉ** | £6.50   
mixture of white fish, crème fresh, butter, creamed horseradish

**PRAWN COCKTAIL** | £7.00   
with marie-rose sauce

**POTTED CRAB** | £10.50   
a mixture of 50% white & 50% brown crab meat

All above served with a freshly baked bread roll\* & veg sticks

**DUSTED CALAMARI RINGS & TENTACLES** | £6.50 | £8.50 (with chips)   
with bistro made chilli or garlic mayo

**FISH CAKES** | £8.50   
mixture of salmon & white fish with sweet chilli sauce, salad & lime

**MINI CHICKEN FILLETS (5)** | £8.50   
with chips & peas or sweetcorn

**JUMBO COD FISH FINGERS (3)** | £8.50   
with chips & peas or sweetcorn

**MUSSELS WITH GARLIC & LEEKS IN A WHITE WINE CREAM SAUCE** | £10.00   
with a freshly baked bread roll\* & butter

**FISH OR CHICKEN TACOS (2)** | £10.50   
with chilli lime mayo, tortilla chips & fresh mango salsa

## BISTRO JACKET POTATOES

All served with a side salad  
Vegan cheese add £1.50

**CHEESE & COLESLAW** | £6.50

**BEANS & CHEESE** | £6.50

**ARTICHOKE SALAD** | £7.50

**TUNA MAYO, SWEETCORN & SPRING ONION** | £7.50

**PRAWNS IN MARIE-ROSE SAUCE** | £8.50

**CRAB MEAT WITH GARLIC BUTTER** | £11.50

**Lobster Picnic**  
For special occasions you can enjoy our Lobster picnic basket for two on Hope Cove beach. A table and chairs will be provided. Please ask for more details. Must be pre-booked

## SOUP & CHOWDER

**HOMEMADE SEAFOOD CHOWDER** | £7.00 | £8.25 (With bread roll\*)   
white fish, prawns, crab meat, vegetables & cream

**SEASONAL VEGETABLE SOUP** | £5.00 | £6.25 (With bread roll\*)   
please check with your server

## STONE BAKED PIZZAS

9" hand-stretched base baked in our own stone pizza oven. All pizzas come topped with a rich tomato sauce, mozzarella & cheddar cheeses  
Gluten free 10" crust add £1.50 Vegan cheese add £2.50

**MARGHERITA** | £7.50   
slices of fresh tomato & basil

**ARTICHOKE** | £8.50   
bistro made artichoke salad

**MUSHROOM** | £8.50   
fresh sliced mushrooms, thyme & red onion

**PEPPERONI** | £9.50   
slices of pepperoni & fresh chillies

**MIXED MEAT** | £11.00   
ham, chicken, pepperoni & sweetcorn

**SEAFOOD** | £11.50   
a mixture of cooked white fish & prawns

**CRAB** | £14.50   
a mixture of 50% white & 50% brown crab meat

## SHARING PLATTERS

served with freshly baked bread rolls\* & butter

**SEAFOOD PLATTER FOR 2** | £36.50   
two fish of the day (chef's choice only), potted crab, prawns, crevettes, fish pate, squid rings, artichoke salad, cherry tomatoes, cucumber, mixed leaf, coleslaw, mixed olives

**LOBSTER PLATTER FOR 2** | £20.00 + PRICE OF LOBSTER   
whole Lobster (500g + market price applies), potted crab, prawns, crevettes, fish pate, panko squid rings, artichoke salad, cherry tomatoes, cucumber, mixed leaf, coleslaw, mixed olives

**VEGETARIAN PLATTER FOR 2** | £18.00   
two baked vegetable tarts, homemade houmous, artichoke salad, coleslaw, feta cheese, olives, tomatoes, sweet corn, mixed leaf, cucumber



## FISH OF THE DAY / FRESH LOBSTER



1. Choose your fish or size of lobster (please see boards or ask our staff for options and prices)

2. Choose chips OR jacket potato with butter & peas OR mixed leaf salad

\* It does take a little longer to cook the fish and lobster fresh for you - we appreciate your patience

3. Enjoy your meal and the beautiful view

### ALLERGY AND LIFESTYLE ICONS

Celery Eggs Milk Peanuts Soya Gluten free \*option available  
 Cereals Fish Molluscs Sesame Tree Nuts Suitable for vegetarians  
 Crustaceans Lupin Mustard SO2 Suitable for vegans

### CHILDREN'S MENU

Margherita Pizza (7")

Pepperoni Pizza (7")

Jumbo Cod Fish Fingers (2)   
with chips & peas or sweetcorn

Mini Chicken Fillets (3)   
with chips & peas or sweetcorn

Spaghetti & tomato sauce topped with cheese   
add homemade meatballs (4)

### SIDES

£6.00 Bowl of peas

£6.50 Bowl of sweetcorn

£6.50 Mixed Leaf Salad with house dressing

£6.50 Bowl of Mixed Olives

£6.50 Basket of bread rolls (2) & butter

£6.50 Gluten free bread rolls (2) & butter

£6.50 Jacket potato with butter

£7.50 Chips £3.50 Basket to share

£7.50 Cheesy Chips £4.50 Basket to share

Vegan cheese add £1.50

### DESSERTS

\*\*Made in the Cottage Hotel kitchen

£1.50 Flapjack\*\* £2.50

£1.50 Chocolate brownie\*\* £3.00

£4.00 Yarde Farm ice cream (120ml tub) £2.50

vanilla, strawberry, honeycomb, rum & raisin,

chunky chocolate, mint choc chip

£3.50 Lemon sorbet (120ml tub) £2.75

£6.50 Gluten free treats £3.50

£8.50 (please check with your server)

Gluten free options are not made in the hotel & are individually wrapped